

## Oxfordshire Adult Learning





## Find out what FREE courses could be offered in your community

'Aiming to provide courses for the community identified by the community'

You are invited to come along for a Coffee Morning



## Monday, 23 March, 10-12

at Heyford Community Centre, Brice Road, Upper Heyford, Bicester OX25 5TF



## Make new friends/ Learn some new skills

Come along, have a cuppa and let us know what courses or workshops you want – here are some ideas:





- Positive Parenting
- Building Resilience Workshop
- · Employability Skills
- Mentoring Skills



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Take the first step toward a more positive future and access further learning opportunities

REFRESHMENTS PROVIDED

For more information please call 01235 216310

